



ODHC MNsire Navigators Gally Long and Shane Barbosa

Enrollment Services

Open Door Health Center provides Enrollment Services with trained MNsire Navigators. MNsire Navigators help break down what is available through the MNsire Insurance Network, including Medical Assistance, MinnesotaCare, and other Qualified Health Plans. Gally Long and Shane Barbosa are available for free in-person or over-the-phone navigator appointments to help individuals with insurance enrollment. This no-cost service is for everyone; you do not need to be a patient of Open Door to schedule an appointment with one of our navigators. “A lot of people skip care because they don’t know what they qualify for, or even how to apply,” states Long. “Enrollment ensures families can get the medical, dental, and mental health care they need.” MNsire Navigators understand that enrollment is an important health service. “In the current state of the healthcare system, people need to be protected; Medical Assistance offers them a base level of protection when they need it the most,” according to Barbosa. “What I love most about my job as a navigator is simply helping people. Knowing that I have helped them feel more secure means so much to me. I truly enjoy being someone that people trust to guide them through the enrollment process,” says Long. Similarly, Barbosa states that he “loves the moment when the stress of the situation leaves” while walking someone through the enrollment process. To schedule a free enrollment assistance appointment with a MNsire Navigator, call the Open Door appointment line at (507) 388-2120.



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DONATE NOW

ODHC is a 501(c) (3) nonprofit organization. Your tax-deductible donations help us provide patient-centered care to people from over 24 counties in Southern Minnesota. You can donate online at odhc.org or mail a check to: Open Door Health Center, ATTN: Donations 309 Holly Ln, Mankato, MN 56001

Happy National Health Center Week!



National Health Center Week is a celebration of health centers across the country. The first week in August is spent celebrating America's nearly 1,500 health centers and highlighting the work they do for their communities. The National Association of Community Health Centers' theme for 2025 is "Celebrating 60 Years of Progress". ODHC will focus on different aspects of our health center each day and highlight the work we are doing in our community now and in the future.

We will kick off the week by highlighting our history, beginning as a free health program in Mankato in the 1980s. We will then honor our staff, our patients, and our partners for their commitment to the health and well-being of our community. Please join us on **Tuesday, August 5, from 4-6 pm** for an Open House! We will lead tours of the clinic, have activities and treats for kids, provide health education and resources, and more! We will wrap up the week with a focus on health conditions within our population, along with our future vision of community health centers.



NATIONAL
HEALTH CENTER WEEK
August 3-9, 2025
America's Health Centers Celebrating

PAST

PRESENT

FUTURE

60 Years of Improving Our Nation's Health

NATIONAL ASSOCIATION OF
COMMUNITY HEALTH CENTERS®



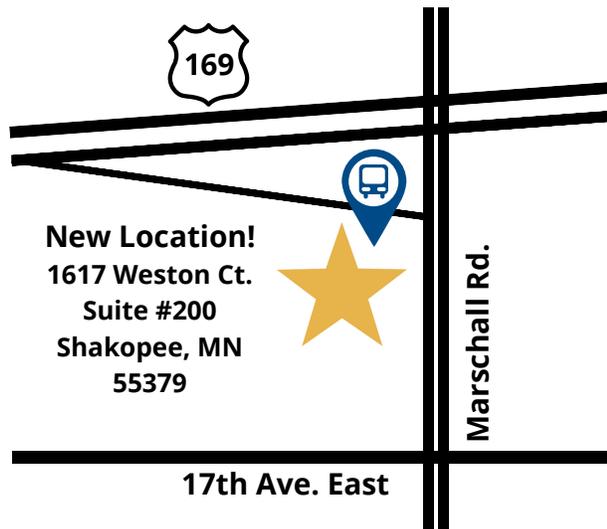
National Health Center Week is organized by the National Association of Community Health Centers (NACHC). *Every August, the National Association of Community Health Centers (NACHC) sponsors National Health Center Week (NHCW). National Health Center Week is an opportunity to highlight the commitment and passion of Community Health Center staff, board members, and supporters who make it possible to provide quality, comprehensive healthcare services to more than 32.5 million patients across nearly 16,000 communities annually. Community Health Centers serve as a beacon of strength, service, and care in their communities. In moments of pain and loss, they offer support and love. In moments of triumph, they offer hope and a vision for the future. This year's National Health Center Week theme focuses on empowering communities by connecting them with health centers and elected officials from all levels of government. Celebrate the uniqueness of your community and get to know those dedicated to lasting partnerships! Learn more at www.healthcenterweek.org.*

Updates

Mankato Area Public Schools (MAPS) School-Based Health Centers (SBHC) will be opening this fall, with hours coming soon.

The Fairmont Area SBHC is open this summer, Monday through Wednesday, from 8 am to 12 pm. Regular hours will resume on August 25.

Due to the construction timeline, we are anticipating an April 2026 grand opening in Shakopee at the new Scott County Integrated Health Center.



Upcoming Community Events

Open Door partners with the **St. Peter Free Clinic** to provide vaccinations, patient education, and more. We will be there **twice a month in August, September, and October.**

Outreach RN Kim VanHoudt will be at the Mankato **Salvation Army** providing blood pressure checks and patient education on the **second Wednesday of the month in August, September, and October.**

ODHC will be at St. Peter Project Community Connect on **August 12.** Kim will provide blood pressure checks, education, and ODHC resources.

ODHC will be providing blood pressure checks, patient education, and ODHC resources at the following **Back-to-School** events:
 Sibley East Elementary, **August 13**
 Mankato Salvation Army, **August 14**
 COPAL at Madelia High School, **August 16**
 MY Place, **August 21**

ODHC will be at **Party on the Plaza** on **August 14** at Nicollet Commons in Burnsville. We will have crafts for kids and community resources available.

ODHC will be at **South Central Minnesota Pride** on Saturday, September 6 at Riverfront Park. We will be in the parade and tabling with ODHC resources.

Monthly Health Topics



- National Health Center Week
- National Immunization Awareness Month



- National Suicide Prevention Month
- Healthy Aging Month



- Domestic Violence Awareness Month
- Breast Cancer Awareness Month

A Deep Dive: Monthly Health Topics

Each month, the Quality and Improvement team focuses on a few health topics for patient care and outreach. These topics guide the clinic operations for improving the health and well-being of our patients and community. The quality team publishes an internal newsletter with guidance and measures, ensuring best practice and high-quality care for our patients. Externally, ODHC focuses on health education topics, guided by local, state, national, and international awareness campaigns. Social media and other outlets are used to educate the public on important health issues facing our community.